Cykelen

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Ulla Engström (SWE) - March 2015
Music: Cykeln E Nyckelen - Danne Stråhed

Intro: 32 counts - Style: Pop / Disco

S1: Right rumba box hold, left rumba box hold

1 - 4	Step right to right side, step left together , step right forward, hold for one count
5 - 8	Step left to left side, step right together, step left back, hold for one count

S2: Side, in front, 1/4 turn left, kick, slow coasterstep, hold for one count

1 - 4	Step right to right side, step left in front of right, turn 1/4 left stepping right back, kick left forward
5 - 8	Step left back, step right beside left, step left forward, hold for one count

S3: Slow lockstep forward right, scuff, Slow lockstep forward left, scuff

1 - 4	Step right forward, lock left behind right, step right forward, scuff left heel
5 - 8	Step left forward, lock right behind left, step left forward, scuff right heel

S4: Step 1/2 turn, step, hold, trippel full turn hold

1 - 4	Step right forward, make a 1/2 turn over the left shoulder (weight on left) step right forward, hold for one count
5 - 8	Turn 1/2 right stepping back on left, turn 1/2 right stepping forward on right, step left forward, hold for one count

START AGAIN - HAVE FUN

Contact: Submitted by – Carina Klaar: carinaklaar@gmail.com