

You Are My Life

COPPERKNOB
STEPSHEETS

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Claudia Arndt (DE) - December 2025

Music: You Are My Life - DJ BoBo



The dance begins after 32 beats

S1: Samba across l + r, extended locking shuffle fwd turning 1/2 r

- 1&2. Cross right foot over left - step left with left and weight back to right foot
3&4 Cross your left foot over your right foot - step to the right with your right foot and weight back to your left foot
5&6. Turn 1/8 to the right and step forward with the right foot - cross the left foot behind the right, 1/8 Turn right and step forward with right (3 o'clock)
&7&8. '&6' Repeat 2 times (6 o'clock)

S2: Skate 2,shuffle fwd l+r

- 1-2. 2 small steps forward, each on the diagonal/heel turn inwards (l - r)
3&4. Step forward with the left - put your right foot close to your left and step forward with your left foot
5-6. 2 small steps forward, each on the diagonal/heel turn inwards (r - l)
7&8. Step forward with the right - put the left foot close to the right and step forward with the right

S3:Rock across, chassel, Rock across,chasse r turning 1/4 r

- 1-2. Cross left foot over right foot - weight back on right foot
3&4. Step left with left - Right foot close to left and step left with left
5-6 Cross right foot over left foot - weight back to left foot
7&8. Step to the right with the right - put the left foot close to the right, 1/4 turn to the right and step forward with right (9 o'clock)

S4: step,pivot 1/2 r , shuffle fwd , step ,pivot 1/2 l, skate 2

- 1-2. Step forward with the left - 1/2 turn to the right on both balls, weight at the end on the right (3 o'clock)
3&4. Step forward with the left - put your right foot close to your left and step forward with your left foot
5-6 Step forward with right - 1/2 turn left on both balls, weight at the end left (9 o'clock)
7-8 2 small steps forward, each on the diagonal/heel turn inwards (r - l)

(End: The dance ends here - towards 12 o'clock; at the end 'Step forward with the right/pose')

Repeat to the end

Step description created by Get in Line

Last Update: 29 Dec 2025